

**Abstract**

The present invention relates to graphite powder and to a battery using it as a negative electrode material, the powder having a specific surface area of not more than  $3 \text{ m}^2/\text{g}$ , an aspect ratio of not more than 6, and a tapping bulk density of not less than  $0.8 \text{ g/cm}^3$ ; or a tapping bulk density of not less than  $0.8 \text{ g/cm}^3$  and an oxidation initiation temperature of not less than  $600^\circ\text{C}$ ; or a specific surface area of not more than  $3 \text{ m}^2/\text{g}$  and a tapping bulk density of not less than  $0.8 \text{ g/cm}^3$ , a specific electrical resistance of the powder not more than  $0.06 \Omega\text{cm}$  in the specified condition. The battery obtained thus has a large discharge capacity, good cycle property and high charge and discharge efficiency.